



~ Workshops ~

### **Living a Life Accelerated: Putting More “Life” into Your Work-Life Balance**

What does work-life balance mean to you? It should be much more than just a precarious position in which everything is teetering on the edge of disaster. True work-life balance should involve living in harmony by refusing to settle for less than the life you want. You can have harmony in your life, but you’ve got to remember that you are only here for a short time. In order to achieve what we want in life, we have to focus on what truly matters.

This workshop will help you see where your life is heading and show you what you are dedicating most of your time to every day. The only way you can have true balance and harmony is when the life you want to live matches the life you are currently living. I’ll show you how work-life balance can either prevent or cause a life accelerated.

### **Prioritizing for a Life Accelerated**

Do you have everything you want out of life? Yes, you can have everything, but it requires you to prioritize and realize that just because you seem to fall right into a certain place in life, it may not be the play you were meant to be in. By getting your priorities straight, you can get your life back on track and heading where you want it to go. You’ll no longer feel like your life is passing you by. Instead, your life will start moving forward faster and faster until you’ve accomplished everything you wanted and so much more!

This workshop will help you discover how to figure out your priorities and then get them straight, not only in your mind, but also in your life. I’ll show you how to prioritize so that your life can be accelerated.